



FOR MED SPAS, CLINICS & GLP-1 PROGRAMS

GLP-1 client nutrition guides, authored by a *registered dietitian*.

Your clients are on semaglutide and tirzepatide. Without a dietitian behind the medication, they lose muscle, stall, and regain. I build the missing layer: a custom, client-ready GLP-1 guide, branded to your practice, that makes the program actually work. Two ways to build it, one relationship to grow.

MOST POPULAR ENTRY

Essential Branded Guide

\$4,000

ONE-TIME · YOUR LOGO & BRAND

- Complete client guide: how to eat, protein & muscle, side effects, the long game
- Four 7-day meal plans (omnivore, vegetarian, vegan, pescatarian)
- Behavioral, lifestyle & movement/exercise guidance
- Safety, side-effect, hydration & regain-prevention sections
- Your logo & branding · print + digital PDF
- Client-distribution license

FULLY TAILORED

Signature Guide

\$7,500

ONE-TIME · TAILORED + LICENSED

- Everything in Essential, tailored to your protocols
- **The Practice Companion** — a clinician & staff training briefing
- **The Client Card Pack** — 5 printable client cards
- Cultural-cuisine meal options + per-pattern shopping lists
- Clinical briefing: GLP-1 for PCOS, endometriosis & autoimmune
- A year of quarterly updates as the evidence moves
- Lifetime access to me + broad commercial license

ONGOING

Nutrition Partner

Custom

REFERRAL PARTNERSHIP

- A referral path for clients who need one-on-one care
- Optional staff training on GLP-1 nutrition
- Quarterly content refresh
- Named “nutrition partner” positioning
- Priced to your client volume

A PERK FOR YOUR CLIENTS

\$50

Your referrals get \$50 off their first consultation

Any client you send my way for one-on-one nutrition care receives **\$50 off their first consultation** — a standing benefit you can offer as part of your program, and a warm handoff to a registered dietitian when a client needs individual support.

1 · SCOPE

A short call to understand your program. I recommend **Essential or Signature** — no obligation.

2 · DEPOSIT

A **50% deposit** begins the work, paid by card or bank transfer. Balance due on delivery.

3 · DELIVER

Client-ready print + digital files, typically **2–3 weeks** after we lock scope.

Jason Fee

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Book a scoping call: vitaearete.com/practices

[Book a scoping call →](#)